

## ANNUAL REPORT: NSS 2018-19

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969 with primary focus on the development of personality of students through community service. Today, NSS has more than 3.6 million student volunteers in India.

Throughout the year many activities are actively carried out, like educating underprivileged kids from nearby slum areas (Dallupura and Kondli), Old Age Home Visit, Orphanage Visit, Collection Drives (Clothes, books and stationary Collection), Slum adoption, Cleanliness Drive, Women upliftment related activities etc. The NSS volunteers also organise various camps like Eye check-up camp, Blood Donation Camp, Cancer Awareness camp, Health Issues related Camps, Self Defence Training Camp etc. and organised various rallies on Social Issues.

### **Following different activities were organised in the academic session (2018-19):**

**International Yoga Day:** It was celebrated in the college campus on 21 June, 2018 to bring awareness about health benefits of Yoga. Students and staff members enthusiastically took part in the yoga session. NSS volunteers from the college also participated in Mass Yoga Demonstration at the University.

**Legal Literacy Programme on Sexual Harassment at Workspace:** NSS unit had organised a session on sexual harassment on 30 July, 2018. The guest of the talk, Ms. Shilpa Dhalmia, Legal Aid Counsel for Shahdara District Legal Service Authority. She had interacted with the students, teaching staff, non-teaching staff as well as the supporting staff, aware them about their legal rights. Around 100 of students attended the session.

**International Youth Day:** International Youth Day was celebrated on 12 August, 2018 to recognise efforts of the world's youth in enhancing global society. It also aims to promote ways to engage them in becoming more actively involved in making positive contributions to their communities.

**HEALTH CHECKUP CAMP:** NSS had experienced 2 days health mela on 30<sup>th</sup> August & 31<sup>st</sup> August 2018 organized by BLK Super Speciality Hospital, New Delhi. The two-day Mega Health Check Up Camp included free services of- Consultation with the cardiologist/physician, Dietician counselling, Blood pressure & Blood sugar test, Height & weight check, Bone densitometry test, ECG. Students in large number actively registered themselves for the check up on the first day followed on day 2 as well. Besides students, teachers and other staff also took active participation.

**Electoral Literacy Club:** N.S.S. Unit of SRCASW along with ELECTORAL LITERACY CLUB had organised a camp for students, to make them understand how election procedure is conducted. EVM machines were setup and students were shown how it works. Nukkad Naatak was also performed to make students aware of the importance of their "vote". Graffiti Competition was organised on 6<sup>th</sup> Sept, 2018 in the college premises on the theme of importance of vote. 38 teams participated in the competition. On 7<sup>th</sup> September, a grand inauguration function of first ELC was held which was presided by Chief Election Officer of Delhi.

**NSS Orientation Day:** N.S.S. along with IQAC had organized its 11<sup>th</sup> Orientation Day on 11th September, 2018, to welcome the new batch of 2018-19. Chief guest of the ceremony, Sudhakar Kumar and Adeeba Hoor, founders of BHARAT UDAY (a platform to connect volunteers to credible organization having an appreciable track record of community services), interacted with the students. NSS and its functioning was presented by Dr. Bimla Panwar. The new council of session 2018-2019 was announced. The ceremony was ended by vote of thanks by Mrs. Sanjana Monga, PO, N.S.S. Vaishali Chhabra, alumni of NSS, SRCASW shared their own experience and encouraged all the students to become a part of NSS.

**Lecture on Healthy Lifestyle:** The lecture on Cardiac Care by Dr. Sanjeev Gera, Sr. Consultant-Cardiologist, H.O.D, BLK Super Speciality was organised by NSS, SRCASW to spread the awareness on good lifestyle especially for first year as they are very new to the college environment and must be made aware of the adverse effects of poor lifestyle.

**NSS Day:** NSS unit celebrated NSS day on 25 September, 2018. We had a rally on Swaccha Abhiyaan in college premises and in the DDA market nearby.

**Menstrual Hygiene Seminar:** To make students sensitized towards menstrual hygiene, NSS unit had organised a colloquium on "Menstrual hygiene" on 25th September, 2018. The colloquium was delivered by Mrs. Vyjayanthi K, an active volunteer with youth for Seva, in which she disseminated awareness on menstruation and menstrual hygiene to the students by showing some animated videos and indoctrinating the ways of keeping themselves clean and salubrious during their monthly period.

**Surgical Strike Day Celebration:** NSS unit of SRCASW along with IQAC celebrated surgical strike day on 29<sup>th</sup> September, 2018, by taking pledge to support our armed forces. The ceremony started with oath taking by lead by Vatika Singh, President, NSS. After that a documentary based on surgical strike carried by INDIAN ARMY was shown to the students. Posters and poems were submitted by the students. Volunteers also attended the PARAKRAM PARV at India Gate.

**Vigilance Week:** NSS unit had celebrated the birth anniversary of Sardar Vallabhbhai Patel as VIGILANCE WEEK, FROM 29<sup>th</sup> Oct-3<sup>rd</sup> Nov 2018. This week observance to encourage all the stakeholders to collectively participate in a fight against corruption, an oath taking ceremony was conducted to inculcate sensitized toward sincere effort for weeding out corruption from our country.

A Speech and Poster making competition on the topic "Eradication of corruption- Build a new India". College students participated in the competition. Winners were awarded. A quiz competition was organized, the questions were related to the vigilance week. A rally was organized by college students regarding vigilance week.

**Literacy Drive:** NSS volunteers of the college have been undertaking teaching for the underprivileged children in the college premises daily since past 3 years and the smile on these children's faces come as a reward. About 30 underprivileged students are benefiting from this drive.

**Old Age Home/Orphanage visit:** NSS Team visited many orphanages as well as old-age homes on weekly basis to interact with the children and to teach them. The team played games with the children in which they all performed dance, singing, poetry etc. The volunteers get to know many things from

the elderly experienced people at old age homes which not only teaches the value of being happy in every situation but also teaches us the values that one should follow in his/ her life. They shared their experiences which helped volunteers to grow in the right direction.

**Collection of Stationary, Books, Sanitary pads, Winter clothes:** There's someone, somewhere holding on an urge to seek knowledge, but some reasons make them devoid of this. We should help them to become fortunate enough that they too can join schools with basic things to learn. So, give it a thought raised interest in helping these children. In a similar manner a drive on "winter clothes collection" and distribution was done by the NSS volunteers in Dallupura and Kalyanpuri areas. For the very first-time sanitary pads were collected from college students. These collected pads were given to the blind school girls.

**Swachta Hi Sewa:** On this occasion, NSS had organised a cleanliness drive in the college and took out a rally for spreading awareness. Cleanliness drive had a great effect on cleanliness of the college environment. Debate competition, Slogan writing and Poster Making Competition were organized.

**Cancer Awareness Seminar:** To make students and the staff members more aware of cancer, its symptoms and its prevention, NSS unit had conducted a seminar on "Cancer Awareness" in association with IQAC on 30th October, 2018. The Speaker for the talk was Dr. Savera Ahmed (Sr. Consultant - Preventive Oncology, Dharamshilla hospital) who interacted with students and illuminated certain ways of living a healthy life. The talk was attended by NSS volunteers, students and teachers.

**Sport's Day:** The team of NSS organised a sports festival for the students under literacy drive as overall development is not just about the mind but is the whole body. The following events were held: 50m Race, Lemon race, Relay race, Frog race and Three-legged race. The winners were awarded with prizes and goodies. The kids were extremely happy as this was a day entirely different than the rest. We cannot thank the teachers enough for their immense support and guidance throughout the event and without them, the sports day wouldn't have been successful.

**Scooty Driving Training Program:** NSS along with HONDA has successfully conducted scooty driving training program for 3 days. More than 70 students attended this training. The expert trainers from HONDA explained the driving tactics like body posture, driving precaution and proper maintenance of the scooty. NSS also organized a seminar on "Road Safety Companion" on 22nd Feb, 2019.

**Blood Donation in University cell of DU for paying homage to Pulwama Martyrs:** NSS volunteers joined Blood Donation Camp organized by Delhi University at Conference Centre, North Campus on 23rd Feb, 2019. Students and staff members actively participated in the blood donation camp.

**Walkathon by Delhi Traffic Police at India Gate:** Volunteers of NSS had participated in walkathon organised by Delhi Traffic Police at INDIA GATE. The aim was to make people aware about the traffic rules.

**National Voters' Day:** On the occasion of " National Voters' Day", NSS had conducted an Oath Taking Ceremony, for upholding democratic, fair and peaceful elections.

**Disaster Management Training cum Sanitization Programme under Risk Management Programme (DRMP):** NSS unit had organized Disaster Management Training cum Sanitization Programme under Disaster Risk Management Programme (DRMP) with motive to sensitize and create awareness about the aspects of Disaster Management. Mr. Ajit Banthem, Project coordinator DM (district east), Mr. Shikh Khan EOC operator DM, Mr. Rohit Sharma and Miss Pooja trained the students on how to deal in case of any emergency. The students were trained how to protect themselves if caught in such situation. They were also taught how to use fire extinguisher, steps to do if caught in some hazardous condition.

**Ekta Diwas:** Sardar Vallabhbhai Patel led the path for India, walking on which we are talking with the world on our own terms now. On his 143rd birthday, NSS commemorated the 'Iron man of India' and also solemnized Rashtriya Ekta Diwas by pledge ceremony.

**Navoudit Project:** NSS SRCASW participated in the most awaited "NAVOUDIT PROJECT" which aims to provide platform for underprivileged kids to showcase their talent. Kids in supervision of our volunteers participated in various activities such as drawing, dance and poem recitation competitions. The event fostered a succession of children and elevated self-esteem in the kids. We are indebted to Uday Bharat and the organizing team for all the hospitality and kindness. We also extend our heartfelt indebtedness to all the volunteers for taking their precious time and supervising the kids throughout the week.

**District Youth Parliament 2019:** Ministry of Youth Affairs and Sports along with NSS had conducted the National Youth Parliament Festival 2019. The main idea of this festival is to provide a chance to the youth to brainstorm about new India and to find ways and chalk out plans to realize our resolve before 2022. Ministry of Youth Affairs and Sports proposes to take the Youth Festival to each district of the country, organising it at district level will be a doorstep of the youth which would provide an ample opportunity to large number of youths of this country to participate. For East Delhi, this festival was organised in SRCASW. Registration desk was setup for walk-in participants. 28 participants spoke on their respective topics.

**Vermicomposting:** Vermicomposting has been carried out for the past four years. Two pits of organic waste have been converted into compost.

**Self Defence Camp:** Self-defence camp was organised in collaboration with Delhi Police in the month of January, 2019 for five days. More than 60 students benefited from this camp.

**Karvaan (2018-19):** NSS unit hosts it's fun event PAPER DANCE for its Annual Cultural fest of SRCASW: KARVAAN.

**ELECTORAL LITERACY CLUB:** N.S.S organised various events along with ELECTORAL LITERACY CLUB, East Delhi to make our youth aware of their fundamental right regarding participation in upcoming LOK SABHA ELECTION. The day started with a demonstration regarding the use of EVM. Students actively participated in this event. After that Nukkad Natak was performed to make students aware of the importance of their "VOTE". Graffiti Competition was organised on the topic of **Significance of Vote**. Total 15 teams participated in this event. Along with graffiti various games were organised.

**Awareness Cum Legal Literacy Programme on Sexual Harassment:** Women Upliftment drive had organised a seminar on sexual harassment in association with East Delhi Legal Services Authority. The talk was delivered by Sh. Pawan Kumar, Secretary East Delhi Service Authority

**Blood Donation Camp:** The blood donation camp was organised in college on 7<sup>th</sup> March, 2019 by the specialist team of AIIMS including eight doctors. More than 150 students and teachers registered for the donation process and 40+ students donated their blood along with staff members of our college. The donors were provided t-shirts and refreshment.



